

100% POLYGRAPHED & URINALYSIS TESTED

NANBF NATURAL KC Classic Bodybuilding Xtreme Fit- Bikini And the Natural Kansas



• BODYBUILDING • XTREME FIT • BIKINI

NANBF.ORG

DATE: September 17, 2011

LOCATION: Johnson County Community College
12345 College @ Quivira, Overland Park KS

SANCTIONING: The North American Natural Bodybuilding Federation (NANBF, www.nanbf.org) is the sanctioning body.

PROMOTORS: Fred and Jan Rowlett: (913) 268-4133, 913-963-5091 abbs1@att.net

CONTEST TIMES: Prejudging 8:30am, Finals 5:30pm

TICKET PRICES: Advanced Ticket Purchase – Prejudging \$14; General Admission \$23

AWARDS: Awards will be given to the TOP 5 in all divisions, plus overalls and best poser. Various awards will be awarded to winners.

HEIGHT CLASSES: Height will apply in novice and open categories. Promoter reserves the right to adjust classes.

MR & MS KANSAS: Must be a state resident to compete for the Mr. & Ms Kansas titles.

HOTEL: Spring Hill Suites by Marriott
12000 Blue Valley Parkway, Overland Park ,Ks
66213 Phone 913-491-0010

BODYBUILDERS POSING ATTIRE: Posing suits must be worn and be of solid color, opaque, devoid of embroidery, stripes or other embellishments. Accessories are not permitted including jewelry. At finals, accessories & props attached to body may be used.

XTREME FIT POSING ATTIRE: Individual routine outfits may consist of any aerobic type wear as long as it is in good taste. Props may also be used. For the comparison round, all competitors may wear the same outfits, however, the top must be sleeveless and no footwear is allowed. No thongs may be worn in either round.

POSING MUSIC: Competitors will pose to music of their choice at final show. If you are entered in more than one class, you will pose only once. Music will be limited to 60 seconds. Mixed Pairs 120 seconds. XTREME FIT competitors will have 120 seconds to perform their individual routine. Bodybuilders will pose to routine at night on. Music must be cued to start and recording must be of good quality. CD's only. Two copies must be provided.

ENTRY: The entry fee is \$45 for the initial division of competition and \$30 for each additional division. Entries must be received no later than September 2nd, or a late entry penalty of \$50 will be applied. Absolutely no entries accepted after September 7th. (You will receive additional information by mail after we receive your entry.) Please make money order or certified check payable to Rowlett Productions

BIKINI POSING ATTIRE: Competitor will wear off the rack bikini attire. Suits must be in good taste and cover the glute. Absolutely no thongs.

ELIGIBILITY: The competition is open to all physique athletes who have not at any time during the 84 months prior to the day preceding this event, engaged in the personal use of anabolic steroids, other growth enhancing drugs, or Rx diuretics used to prepare for this competition or OTC diuretics used seven days prior to event. Refer to the banned substance list at NANBF.org or contact promoter for any questions.

TESTING & CHECK-IN: Every competitor has a polygraph set by appointment with promoter. First come, first serve. Fee to polygrapher is \$40 CASH good for NANBF shows. Promoters have the right to test and retest prior to or after the show. Polygraph is by appointment. NANBF membership required. BE PREPARED TO POLYGRAPH UP TO 7 DAYS PRIOR TO THE CONTEST. NO EXCEPTIONS. All contestants must present NANBF card at check-in. NANBF Cards are \$50 and can be purchased at the check-in. (Additional information about drug testing will be mailed to you after we receive your entry.)

NO PERSONAL CHECKS. PLEASE MAKE MAIL MONEY ORDER OR CERTIFIED CHECK PAYABLE TO: Rowlett Productions PO BOX 25097 SHAWNEE MISSION, KS 66225 You will receive additional information after we receive your entry.

Name: _____ D.O.B: _____ Sex: _____ Exact Height: _____ ft _____ inches (no shoes, this will determine class you compete in)

Address: _____ City: _____ State: _____ Zip: _____

Phone: Day (____) _____ Evening (____) _____ E-Mail Address: _____

Occupation: _____ Current N.A.N.B.F. Card Exp Date: _____ Last 4 Digits of your SS#: _____

You will be required to sign a release, as a standard procedure, at check-in. If you are under the age of 18, signature of parents or legal guardian is required.

PRO QUALIFIERS CATEGORIES

- BB OPEN WMN
 BB OPEN MEN
 WOMEN MASTERS 35+
 BB MENS MASTERS 40+
 Open bikini
 35 +bikini

Women and Men's categories

- TEEN
 SUBMASTERS MEN 35-39
 BB MR. KANSAS
 BB MS KANSAS
 BIKINI MS KANSAS
 COLLEGIATE
 MASTERS 50+
 XTREME FIT
 MIXED PAIRS
 NOVICE
 GRAND MASTERS 60+

PLEASE ✓ ALL DIVISIONS YOU ARE ENTERING:

